

It is normal for patients faced with daily pain to experience emotional reactions such as worry, frustration and sadness. Please circle the appropriate number to indicate the extent that you are troubled by the following:

	NONE					SEVERE					
Anxiety	0	1	2	3	4	5	6	7	8	9	10
Depression	0	1	2	3	4	5	6	7	8	9	10
Irritability	0	1	2	3	4	5	6	7	8	9	10

Yes No Was this a problem for you prior to having the pain for which you are seeing us today?

Yes No If so, is it worse since developing this pain?

Yes No Do you currently take medication for anxiety or depression?

Yes No Have you received counseling for anxiety or depression?

Yes No Do you have a history of psychological disease? (ie: ADD, Obsessive Compulsive Disorder, Bipolar, Schizophrenia)

Please specify: _____

PRIOR MEDICAL HISTORY

List **ALL** allergies to medications:

MEDICATION	REACTION	MEDICATION	REACTION

List **ALL** medications (**prescription and non-prescription**) you currently take:

MEDICATION NAME	DOSAGE	MEDICATION NAME	DOSAGE

List all medications **previously** taken for your pain _____

Alcohol/Drugs: What is your approximate weekly use of alcoholic beverages?

 I don't drink alcohol

 Less than 1-2 drinks a week

 3-6 drinks a week

 Drink some alcohol on a daily basis

Have you or a parent ever had a problem with:

Alcoholism: You Parent No

Drug Abuse: You Parent No

Tobacco: What is your approximate daily use of tobacco? Packs

I don't smoke 1 pack/ day 1/2 pack

More than 2/packs day 1-2 packs per day

CURRENT MEDICAL PROBLEMS: Please list

1) _____

3) _____

6) _____

2) _____

4) _____

7) _____

5) _____

8) _____

PRIOR SURGERIES: Please list

TYPE	DATE	TYPE	DATE

FAMILY HISTORY:

Living (Yes/No)

Father Yes No

Mother Yes No

Spouse Yes No

Brothers # Living
 # Deceased

Sisters #Living
 #Deceased

Children #Living
 #Deceased

Current health issues or cause of death

Review of Systems: please put an "X" next to any of the symptoms you have had during the past year.

- | | | |
|--|--|---|
| Nausea | Unusual stress in home life | <input type="checkbox"/> Change in bowel habits |
| Vomiting | Unusual stress in work life | <input type="checkbox"/> Persistent diarrhea |
| Chills | <input type="checkbox"/> Any lumps in neck, armpits, groin | <input type="checkbox"/> Excessive constipation |
| Problems with sexual function | <input type="checkbox"/> Chest pain or tightness | <input type="checkbox"/> Dark black stools |
| Loss of sensation around groin or buttocks | <input type="checkbox"/> Persistent or unusual cough | <input type="checkbox"/> Blood in stools |
| Unexplained fevers | <input type="checkbox"/> Trouble breathing with exercise | <input type="checkbox"/> Pain or burning when urinating |
| Night sweats | <input type="checkbox"/> Trouble breathing lying flat | <input type="checkbox"/> Blood in urine |
| Weight loss of 10 pounds or more | <input type="checkbox"/> Stomach pain | <input type="checkbox"/> Need to urinate more at night |
| Loss of appetite | Swollen ankles | <input type="checkbox"/> Persistent eye redness |
| Excessive fatigue | <input type="checkbox"/> Joint pain or swelling | <input type="checkbox"/> Dry eyes or mouth |
| Problems with depression | List joints: _____ | <input type="checkbox"/> Skin rashes |
| Difficulty sleeping | Muscle tenderness | |
| Dizziness | Generalized morning stiffness | |
| Decreased Concentration | Easy bruising | |
| Memory Difficulties | Excessive bleeding | |

Work: Employer: _____ Your Job Title: _____ Date last worked: _____

Work status at the time of:	<u>Injury Onset</u>	<u>Currently</u>
On disability	_____	_____
Regular: full-time	_____	_____
Regular: part-time	_____	_____
Permanent light duty	_____	_____
Temporary light duty	_____	_____
Temporarily Disabled (not working)	_____	_____
Retired	_____	_____

How physically demanding is your job?

- Very heavy (frequently lifting > 100 pounds)
- Heavy (frequently lifting > 60 pounds)
- Moderate (frequently lifting > 30 pounds)
- Light (frequent lifting < 30 pounds)
- Sedentary (essentially no lifting)

How satisfied are you with your job?

- Very satisfied
- Satisfied
- Dissatisfied
- It is the worst job I've ever had

Social: What are some of your usual recreational activities that you had participated in the **YEAR BEFORE** your current problem?

Place an "X" in front of those you currently cannot perform.

(___) _____ (___) _____

(___) _____ (___) _____

Education: (Check highest level attained) Did Not Finish High School High School College Post Graduate

Attorney: Does an attorney assist you with your injury claim? Yes No Name: _____

Primary Care Physician: Name: _____

Address: _____

Please inform me if any portion of the physical examination that I will perform causes you pain. Please do not perform any motion that causes your symptoms to worsen. An initial evaluation will occasionally increase your symptoms since painful structures are being evaluated.

Please sign and date this form.

Patient's signature

Date